

**HE**  
*Health Express and Co*  
**HE**



Health Express and Co. supports every aspect of brand growth and logistics for Health, Cosmetics, Fine Fragrances, Hair Care and Skin Care Products, to the benefit of brand owners and retailers.

# About Us

Health Express and Co, established in 2020, is a dynamic e-commerce platform dedicated to promoting emerging brands while proudly showcasing its own premium creations, such as MEDSPACLINIC and SMILEPLUS. With a steadfast commitment to customer satisfaction, the company ensures top-tier quality and tailored solutions for its clientele.

Operating across all leading platforms in the UAE, Health Express and Co. has also successfully entered the markets of Saudi Arabia, India, Europe and United Kingdom. As a trailblazer in the health and personal care industry, the company continues to innovate and expand, empowering customers with diverse, reliable, and exceptional products.





At MEDSPA we encompass a diverse range of items designed to enhance relaxation, rejuvenation, and wellness experiences at home or in professional spa settings



These products often feature natural ingredients such as essential oils, botanical extracts, and minerals renowned for their therapeutic properties. Whether used for massage, skincare, aromatherapy, or bathing, spa products MEDSPA offers a holistic approach to pampering and self-care, catering to individuals seeking moments of tranquility and rejuvenation amidst the demands of modern life.

# FACE SCRUB

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## PEACH SCRUB 500ML

Enriched with natural apricot kernels, this scrub delicately buffs away impurities and excess oil, revealing a smoother, brighter complexion. Its formula is often enhanced with nourishing ingredients like Vitamin E and antioxidants to hydrate and protect the skin..

## CHARCOAL SCRUB 500ML

Ideal for oily and acne-prone skin, charcoal face scrub helps to control excess sebum and reduce the appearance of pores, leaving the skin refreshed, balanced, and with a matte finish. Regular use can lead to a visibly healthier, more radiant complexion.





# MOROCCAN SOAPS

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## MOROCCAN OLIVE SOAP 500GM

Moroccan olive soap, also known as "Savon Noir," is a natural cleansing bar made from olive oil and crushed olives. Renowned for its gentle exfoliating properties, it removes dead skin cells, leaving your skin smooth and radiant. With its moisturizing benefits, this soap nourishes and hydrates, promoting healthy, glowing skin. Enjoy the luxury of Moroccan skincare traditions in every wash.

## MOROCCAN NILA SOAP 500GM

Moroccan Nila soap is a luxurious blend of olive oil and Moroccan blue clay, known for detoxifying and softening the skin. Its natural ingredients purify and improve skin texture, leaving it smooth and refreshed. With its unique color and earthy fragrance, it offers a touch of Moroccan tradition for a rejuvenating skincare experience.





## AKER FASSI SOAP 500G

Aker Fassi soap combines the traditional Moroccan ingredients of poppy petals and dried pomegranate powder, known for their natural coloring and skin-enhancing properties. This soap gently exfoliates, revitalizes, and hydrates, leaving the skin with a subtle, healthy glow. Its unique formula, rich in antioxidants, supports a clear and even skin tone, making it a cherished beauty staple in Moroccan skincare rituals.

## FRANKINCENSE SOAP 500G

Frankincense soap is a luxurious skincare product enriched with the aromatic resin from the Boswellia tree. Known for its soothing and rejuvenating properties, frankincense helps to reduce the appearance of wrinkles, scars, and inflammation, promoting a calm, clear complexion. This soap deeply cleanses while imparting a warm, spicy aroma, offering a tranquil and healing bathing experience. Ideal for those seeking to nourish their skin and elevate their shower ritual with ancient, holistic benefits.





# OUR BESTSELLER



**MEDSPA<sup>®</sup>**  
CLINIC

MOROCCAN WHITENING CREAM

2 KG

+971 58 535 1087  
[www.falsafatrading.com](http://www.falsafatrading.com)  
healthexpressco  
MedspaClinic

MOROCCAN WHITENING CREAM

ENRICHED WITH VITAMIN E & NATURAL EXTRACTS  
PEELING, SOFTENING, WHITENING AND MOISTURIZING

المرطبات، المبيضات، المرطبات - مرطبات - مرطبات

Knee Underarm Elbow Neck

**MEDSPA**  
MOROCCAN WHITENING  
**CREAM**

AFTER BATH CREAM  
FOR FACE & BODY

*MedspaClinic Whitening Cream can help even out skin tone by reducing the appearance of hyperpigmentation or dark spots in specific areas of the body, such as knees, elbows, underarms, or intimate areas.*

# BATH SALTS



## STRAWBERRY BATHSALT - 3KG

Strawberry bath salt is a delightful blend of natural sea salts and sweet strawberry essence, designed to create a luxurious and rejuvenating bath experience. Infused with the antioxidant properties of strawberries, it helps to cleanse and revitalize the skin, leaving it soft, smooth, and lightly scented with a fresh, fruity fragrance. This bath salt not only soothes tired muscles but also transforms your bath into a vibrant and uplifting retreat, perfect for unwinding after a long day.

## NATURA; SALT AND LIME 3KG

Natural salt with lime combines the detoxifying properties of sea salt with the refreshing zest of lime. This invigorating blend not only exfoliates and revitalizes the skin but also uplifts the senses with its crisp, citrus aroma. Perfect for a rejuvenating bath or as a scrub, it leaves the skin feeling smooth, refreshed, and infused with a subtle, energizing scent. Ideal for those looking to add a natural, zesty boost to their skincare routine.







## LAVENDER BATH SALTS - 3KG

Lavender bath salts are a soothing blend of natural salts infused with the calming essence of lavender. This luxurious bath additive is designed to relax the mind, relieve stress, and soothe muscle tension. The aromatic properties of lavender promote relaxation and better sleep, while the salts gently exfoliate and nourish the skin, leaving it soft and rejuvenated. Perfect for a tranquil, spa-like experience at home, lavender bath salts transform your bath into a serene oasis.



## EUCALYPTUS BATH SALTS - 3KG

Eucalyptus bath salts combine the purifying power of natural salts with the invigorating scent of eucalyptus. This refreshing blend is designed to clear the mind, ease respiratory discomfort, and soothe tired muscles. The aromatic eucalyptus essence offers a cooling sensation, perfect for relaxation and rejuvenation. Ideal for those seeking a revitalizing bath experience, these salts help to detoxify the skin and promote a sense of well-being, making every bath a revitalizing retreat.



## ROSEMARY BATH SALTS - 3KG

Rosemary bath salts blend natural sea salts with the aromatic essence of rosemary, creating a revitalizing bath experience. Known for its ability to improve circulation and relieve muscle pain, rosemary also offers a refreshing, herbal aroma that sharpens the mind and reduces stress. These bath salts not only detoxify and soften the skin but also transform your bath into a therapeutic sanctuary, perfect for rejuvenating both body and spirit. Ideal for those seeking a boost in mental clarity and physical well-being.



## MIX FRUIT BATH SALTS - 3KG

Mixfruit bath salts are a vibrant blend of natural sea salts infused with the essences of various fruits, creating a lush, rejuvenating bath experience. This colorful mixture combines the detoxifying benefits of salts with the antioxidants and vitamins from fruits like orange, lemon, berry, and more, offering a nourishing and revitalizing treat for the skin. The fruity aroma uplifts the senses, providing a cheerful and invigorating atmosphere that can help reduce stress and refresh the body. Ideal for those looking to add a burst of freshness and vitality to their bathing routine, mixfruit bath salts leave the skin feeling soft, smooth, and delightfully scented.

# HAIR MASK

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MEDSPACLINIC Hair masks are crafted for deep conditioning treatments that nourish and repair hair. Formulated with oils, butters, and vitamins, they target issues like dryness and damage. Applied to damp hair, they're left on for a set time before rinsing, resulting in healthier, shinier hair.



01 ALOE VERA



02 HONEY



03 ARGAN

# HAIR MASK

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04  
PROTIEN



05  
BOTOX



03  
KERATIN



# CUTICLE REMOVER

## CUTICLE TREATMENT

removes dead tissue surrounding your nail, leaving it soft and easy to manipulate.



It preps your nails for a successful manicure, keeping them neat and tidy.

contains acid at low pH levels that dissolve dead skin.

MEDSPA

A PRODUCT OF FALSAFA GROUP LLC

MedspaCliniccuticle remover is a specialized beauty product used to soften and dissolve the cuticles around the nails. This helps in safely removing or pushing back the cuticles, facilitating cleaner and neater nail appearance. Effectively breaking down dead skin without harming the live skin underneath. Regular use can enhance the overall look of your manicure and promote healthier nail growth.

# BODY MASSAGE OILS

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## LOUD AROMATHERAPY 250ML

Oud body massage oil offers a luxurious and calming massage experience with its rich, woody aroma. It deeply moisturizes the skin, leaving it silky smooth, while its distinctive scent helps to soothe the senses and reduce stress. Ideal for a sumptuous relaxation ritual.



## CITRUS AROMATHERAPY 250ML

Citrus body massage oil is a refreshing blend that combines the invigorating scents of citrus fruits like orange, lemon, and grapefruit with nourishing oils. It revitalizes the senses and energizes the body while hydrating and smoothing the skin. Perfect for a rejuvenating massage experience.



## SANDALWOOD AROMATHERAPY - 250ML

Sandalwood massage oil is a serene blend that features the warm, rich aroma of sandalwood, known for its calming and meditative properties. This oil deeply nourishes the skin, leaving it soft and supple, while its soothing scent helps relax the mind and ease tension. Ideal for a peaceful and grounding massage experience



## EUCALYPTUS AROMATHERAPY 250ML

Eucalyptus massage oil is a therapeutic body oil infused with the essence of eucalyptus., this oil is often used to soothe muscles, relieve tension, and promote relaxation during massage sessions. Eucalyptus oil is also appreciated for its antimicrobial properties making it a popular choice in aromatherapy and wellness practices.







### LAVENDER MASSAGE OIL -250ML

Lavender massage oil blends the calming, floral scent of lavender with a soothing oil base, providing a relaxing and therapeutic massage experience. Known for its ability to reduce anxiety, improve sleep, and alleviate muscle tension, this oil is ideal for unwinding and rejuvenating both body and mind



### VANILLA MASSAGE -250ML

Vanilla massage oil combines the sweet and comforting aroma of vanilla with a nourishing oil base, offering a luxurious and indulgent massage experience. Known for its soothing and aphrodisiac properties, vanilla oil promotes relaxation, reduces stress, and uplifts the senses. Perfect for a sensual and soothing massage ritual



# PURE ESSENTIAL OILS

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TEA TREE -  
10ML



SWEET  
ORANGE  
-10ML



LEMONGRASS  
10ML



ROSEMARY  
10ML



LAVENDER  
10ML



PEPPERMINT  
10ML



# LEMONGRASS FOOT SCRUB 300G



Infused with the invigorating scent of lemongrass, this exfoliating scrub gently removes dead skin cells, leaving your feet feeling soft, smooth, and revitalized. The natural ingredients in our scrub also help to soothe tired feet and promote relaxation.



Rich in antioxidants and natural exfoliants, this scrub effectively removes dead skin cells, promoting smoother, more radiant skin. The caffeine in coffee helps to improve circulation and reduce the appearance of cellulite, while the natural oils moisturize and nourish your skin



# ROBUST COFFEE SCRUB 300G

# SKIN LIGHTENING CREAM WITH SPF30

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Achieve a radiant, even complexion with our Skin Lightening Cream with SPF 30. This advanced formula not only helps to reduce the appearance of dark spots and discoloration but also provides broad-spectrum protection against harmful UV rays. Infused with potent skin-brightening ingredients and moisturizing agents, it nourishes your skin while promoting a luminous glow. Perfect for daily use, our cream helps you achieve a brighter, more youthful complexion while keeping your skin safe from sun damage.

## Benefits of Skin Lightening Cream with SPF 30

1. **Even Skin Tone:** Reduces the appearance of dark spots, pigmentation, and discoloration, promoting a more uniform complexion.
2. **Sun Protection:** Provides broad-spectrum SPF 30 protection, shielding your skin from harmful UVA and UVB rays and preventing further sun damage.
3. **Brightening Effect:** Infused with potent skin-brightening ingredients that enhance your natural radiance and leave your skin glowing.
4. **Moisturizing:** Contains moisturizing agents that keep your skin hydrated, smooth, and soft throughout the day.

- **Lightweight Formula:** Easily absorbs into the skin without leaving a greasy residue, making it perfect for daily use under makeup or alone.
- **Nourishing:** Enriched with vitamins and antioxidants that nourish and protect the skin, improving overall skin health.



# SPA ESSENTIALS



## MOROCCAN LOOFAH

Traditionally crafted, this exfoliating mitt effectively removes dead skin cells, unclogs pores, and stimulates blood circulation, leaving your skin smooth, soft, and radiant. Perfect for achieving spa-like results at home, our Moroccan Loofah is an essential addition to your skincare routine, promoting healthier and more glowing skin.



## NON-WOVEN BED ROLL

Disposable Non-Woven Bed Sheet 80x180CM. Ensure cleanliness and comfort with our Non-Woven Bed Roll. Made from high-quality, soft, and breathable non-woven fabric, this bed roll is perfect for medical facilities, spas, salons, and home use. It provides a hygienic barrier, protecting beds and treatment tables from contaminants. Easy to use and disposable, our non-woven bed roll ensures a clean, fresh surface for each use, promoting a sanitary environment for patients and clients.



## KATING COTTON PADS

Made from 100% organic cotton, these pads are designed to provide a soft, gentle touch to your skin, making makeup removal a soothing experience. Each pad is dual-sided, offering a textured surface for effective cleansing and a smooth side for gentle application of toners and lotions.





UrbanShades offer the epitome of quality, innovation, and luxury in the Personal Care industry. Crafted with the finest ingredients and advanced formulas, these NON ALCOHOLIC products are designed to deliver exceptional results and elevate the salon experience to new heights. From professional hair care and skincare to nail care and styling tools, premium salon products prioritize efficacy, safety, and customer satisfaction.

With cutting-edge technology and extensive research, these products address a wide range of personal care concerns, from repairing damaged hair to rejuvenating tired skin. Whether it's vibrant hair color that lasts, skincare products that deliver radiant complexion, or styling tools that create flawless looks, premium salon products are trusted by professionals and coveted by beauty enthusiasts worldwide.

Beyond their effectiveness, premium salon products often boast luxurious packaging, delightful fragrances, and a sense of exclusivity that enhances the overall pampering experience. They represent a commitment to excellence and self-care, allowing individuals to indulge in salon-quality treatments from the comfort of their own homes.

In essence, premium salon products embody sophistication, efficacy, and indulgence, making them the go-to choice for those seeking the best in beauty care.

# MOUSTACHE & BEARD COLOR

*Embrace the Beard Revolution*

5min easy brush-in color  
No Alcohol No Ammonia



NATURAL BLACK  
-100GM

DARK BROWN -  
100GM

ARE YOU READY TO  
**Level Up**  
YOUR  
**Beard?**

*Shades*<sup>®</sup>

SHOP NOW  
& TRANSFORM  
YOUR LOOK!



# HAIR GUARDIAN

## 500ML

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Leave-in conditioner and detangler is a versatile hair care product that nourishes, moisturizes, and smooths hair while also helping to eliminate knots and tangles. It is designed to be applied to damp or dry hair and left in without rinsing, providing continuous hydration and protection throughout the day. This two-in-one product makes styling easier by reducing frizz, improving manageability, and enhancing the overall health and appearance of the hair.

Urban Shades Hair Guardian is carefully formulated leave in conditioner spray that detangles, softnes the hair and protects it from UV rays, heat and dust

URBANSHADES  
**Hair Guardian**  
LEAVE-IN CONDITIONER  
**Spray & Detangler**

SHOP NOW  
& TRANSFORM  
YOUR LOOK!

MOISTURIZE FOR SOFTER SMOOTHER HAIR,  
COLOR SAFE STYLING PRODUCT,  
FULL PROTECTION FROM HEAT,  
UV RAYS AND DUST.

500 ml

Shades  
الرش للشعر  
THE HAIR GUARDIAN  
500ml  
All Hair Types





# PURE WATER WIPES

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Our SmilePlus pure water wipes are ultra-soft and gentle cleansing wipes infused with purified water, designed to provide a delicate and refreshing cleansing experience. These wipes are crafted with minimal ingredients, free from harsh chemicals, fragrances, and alcohol, making them safe and suitable for all skin types, including sensitive skin and babies.

Ideal for convenient and hygienic use on the go, SmilePlus pure water wipes offer a quick and effective solution for daily cleansing needs. Whether it's removing makeup, refreshing the face, or cleaning delicate skin, these wipes leave behind a clean and revitalized feeling without any greasy residue.

With their soothing and moisturizing properties, pure water wipes help to maintain skin hydration and prevent dryness, leaving the skin feeling soft, smooth, and rejuvenated after each use. Perfect for individuals seeking a gentle and non-irritating cleansing option, pure water wipes provide a refreshing and nourishing experience for everyday hygiene.

# OUR BESTSELLER

**Gmile**  
PURE WATER WIPES

- ✓ Designed for Newborns
- ✓ Sensitive Skin
- ✓ Suitable for Hand and Mouth
- ✓ PH Balanced
- ✓ Incontinence Care

**NON-WOVEN  
WATER WIPES**

ALCOHOL & PARABEN  
FREE

DERMATOLOGICALLY  
TESTED

A smiling baby is shown peeking over a white cloth.

*We offer a wide range of minimal yet very stylish home accessories. From handmade vases and plates to stylish blankets and pillows.*

# water wipes



# PURE WATER

*Perfect for use during diaper changes, on-the-go clean-ups, or for removing makeup, pure water wipes offer a gentle and soothing solution for everyday hygiene needs.*



# ROSE WATER

*Carefully formulated for baby and mom. Ideal for all skin types, these wipes provide a quick and convenient way to achieve clean and radiant skin wherever you are.*



# TRAVEL WIPES

Travel wipes are compact and convenient cleansing wipes designed for use on the go. These disposable wipes come in portable packaging, making them ideal for travel, outdoor activities, or anytime you need quick and easy cleaning.





# CONTACT US

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*connect@healthexpressandco.com*

*+971 585351087*

*www.healthexpressandco.com*